



Information about COVID-19

FAQ regarding COVID-19

How does the COVID-19 spread?

- By droplets: made when infected people cough, sneeze or talk.
- Touching: Contaminated objects or surfaces.
- Person to person transmission: By a mere handshake.

The new COVID-19 is a respiratory virus which spreads primarily through droplets generated when an infected person coughs or sneezes, or through droplets of saliva or discharge from the nose. To protect yourself, clean your hands frequently with an alcohol-based hand rub or wash them with soap and water.

What are the symptoms of COVID-19?

The most common symptoms are fever, dry cough, shortness of breath, and breathing difficulties. In more severe cases infection can cause pneumonia, severe acute respiratory syndrome, and even death. The period within which the symptoms would appear is 2-14 days.

What is the incubation period of the COVID-19 disease?

The “incubation period” means the time between the first contact with the virus and beginning to have symptoms of the disease. Most estimates of the incubation period for COVID-19 range from 1-14 days, most commonly around five days. These estimates will be updated as more data become available.

How long does the COVID-19 last on surfaces?

It is not certain how long the virus that causes COVID-19 survives on surfaces, but it seems to behave like other coronaviruses. Studies suggest that coronaviruses (including preliminary information on the COVID-19 virus) may persist on surfaces for a few hours or up to several days.

Can you contract the COVID-19 by touching a surface?

People can get infected by Sars-Cov-2 just touching contaminated surfaces or objects – and then touching their eyes, nose or mouth.

What should you do if you think you have COVID-19?

If you have fever, cough and difficulty breathing, seek medical care early. Stay home if you feel unwell. Follow the directions of your local health authority.

What can you do?

- ✓ Wash your hands frequently or use our dispensers with hand sanitizer
- ✓ Maintain social distancing
- ✓ Avoid handshakes and hugs
- ✓ Cough into a paper towel that you throw away. Then wash your hands.
- ✓ If you do not have a paper towel, cough in your elbow to prevent air droplets from spreading.
- ✓ Avoid touching your face: eyes, nose and mouth.

Where is Skiathos public health center?

Skiathos Health Center is about 1.4km away from Aphrodite Skiathos.

Tel: 00302427022222

Location: <https://j.mp/37k1BsG>

Alternatively you could visit the private Skiathos Emergency Polyclinic

<http://www.medskiathos.com/en/> .

Tel: 00302427022111

Location: <https://j.mp/2U3m2F7>

Useful links

– Protocol for Arrivals in and Departures from Greece:

<https://travel.gov.gr/#/>

– Novel Coronavirus COVID-19 Advice for travellers:

<https://eody.gov.gr/en/novel-coronavirus-covid-19-advice-for-travellers/>

– COVID-19 information from the Greek National Public Health

Organization: <https://eody.gov.gr/en/COVID-19/>

– Re-open EU: On "Re-open EU" or reopen.europa.eu, travellers can enter the name of the country they hope to visit and find out what the rules are in the wake of the coronavirus lockdown:

<https://reopen.europa.eu/en>

– World Health Organization Covid19 events as they happen:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/events-as-they-happen>

– EU Travel and transportation during the coronavirus pandemic:

https://ec.europa.eu/info/live-work-travel-eu/health/coronavirus-response/travel-and-transportation-during-coronavirus-pandemic_en

– World Tourism Organization (UNWTO): COVID-19 information:

<https://www.unwto.org/tourism-COVID-19>